

## LaKeisha Demeco Howard

U.S. Air Force Retired Veteran | Retired Civil Service – Dept. Veteran Affairs | Entrepreneur | Minister | Servant Leader | Survivor

LaKeisha D. Howard is the embodiment of faith in action—a U.S. Air Force Retired Veteran, compassionate counselor, and resilient survivor whose life’s journey is rooted in service, love, and unwavering faith. Guided by her foundational scriptures, Matthew 19:26—“With God all things are possible”—and Romans 8, LaKeisha stands as a living testament to hope, perseverance, and God’s sustaining power.

For over two decades, LaKeisha served her country with honor and dedication in the United States Air Force, and later continued her mission of service within the South Texas Veterans Healthcare System, impacting the lives of countless service members, Veterans, and their families. Her military and federal service shaped her leadership, deepened her compassion, and strengthened her commitment to advocate for those whose voices often go unheard.

A multi-passionate entrepreneur and community builder, LaKeisha is the founder of multiple businesses and nonprofits, including Anita’s Wellness and End-of-Life Concierge Services, LLC, Mothering the Mother and Motherless, Inc., and We Gotchu Corporation. Through these platforms, she provides holistic support, life skills training, advocacy, mentorship, and compassionate care to underserved communities, Veterans, unwed mothers, youth, seniors, and families in crisis.

LaKeisha’s journey has been marked by extraordinary resilience. Although she has faced significant, life-threatening medical challenges, she continues to thrive, drawing strength from her faith, her unwavering sense of purpose, and the enduring love and example of her late mother, Anita R. Temple. Her mother’s wisdom and sacrifice remain the foundation of her strength, fueling her mission to uplift others.

Academically accomplished, LaKeisha holds a Master’s degree in Clinical Mental Health Counseling, a Bachelor’s degree in Business Administration and Marketing, and numerous professional certifications across leadership, counseling, real estate, life coaching, and community development. These achievements, combined with her lived experience, give her a rare and powerful blend of empathy, strategy, and vision.

Above all, LaKeisha is a proud wife, devoted mother of six, and “Nana” to nine beautiful grandchildren—her “Nana Boos.” She believes that leadership is not just about holding office; it is about holding space for people, standing in the gap for the most vulnerable, and ensuring that no one ever feels unseen or unheard.